

# Maryland Fish Consumption Advisories

## for Recreationally Caught Fish in Patapsco River/Baltimore Harbor

*Guidelines for Recreationally Caught Fish Species in Maryland Fresh, Estuarine, and Marine Waters*

**Recommended Meal Size: 8 oz or 9 crabs - General Population and Women; 3 oz or 4 crabs - Children**

Note: Consumption recommendations based on spacing of meals to avoid elevated exposure levels, fish contaminated

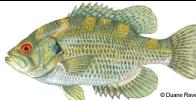
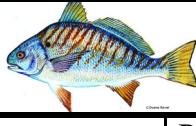
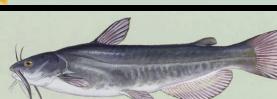
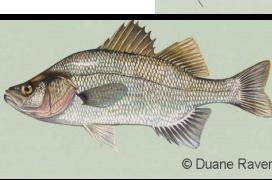
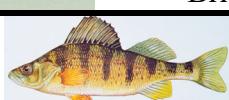
1 **Women** = women of childbearing age (women who are pregnant or may become pregnant, or are nursing)

2 **Children** = all young children up to age 6

♥ = Fish contains more than 1g beneficial fatty acids in a fillet the size of 2 decks of cards

✖ = Fish where all dark meat and/or Belly Fat has been removed, this leads to a reduction in PCB contamination

Contaminant present in fish: \* Mercury      Δ PCBs      + Pesticides      ♦ PFOS

Species	Description	Recommended Meals/Month		
		General Population	Women <sup>1</sup>	Children <sup>2</sup>
American Eel		Δ	Avoid	Avoid
Blue Crab		Δ	6	6
Blue Crab "Mustard"		Δ	Avoid	Avoid
Brown Bullhead		Δ	1 every other month	1 every other month
Channel Catfish		Patapsco River/Baltimore Harbor	1 every other month	1 every other month
			1 every other month	1 every other month
Large and Smallmouth Bass ♥		Patapsco River/Baltimore Harbor	3	3
		Patapsco: S. Hanover Bridge to Annapolis Rd	♦	2
Rainbow Trout and Golden Rainbow Trout (Hatchery Raised)		Δ	No Limit	No Limit
	**For more information on put-and-take fish see <a href="https://www.eregulations.com/maryland/fishing/put-and-take-trout-fishing-areas">https://www.eregulations.com/maryland/fishing/put-and-take-trout-fishing-areas</a>			
Rock Bass ♥		♦	2	2
Spot ♥		♦	4	4
Striped Bass (Rockfish) ♥		Patapsco River - Middle Branch < 28"	Δ	2
		Patapsco River - Middle Branch > 28"	Δ	1
		Patapsco: S. Hanover Bridge to Annapolis Rd	♦	No Limit
Sunfish (including Bluegill)		Δ	6	5
White Catfish		Δ	Avoid	Avoid
White Perch		Patapsco River/Baltimore Harbor	Δ	1
		Patapsco: S. Hanover Bridge to Annapolis Rd	♦	4
Yellow Perch		♦	8	7