

Maryland Fish Consumption Advisories

for Recreationally Caught Fish in Washington County, MD

Guidelines for Recreationally Caught Fish Species in Maryland Fresh, Estuarine, and Marine Waters

Recommended Meal Size: 8 oz or 9 crabs - General Population and Women; 3 oz or 4 crabs - Children

Note: Consumption recommendations based on spacing of meals to avoid elevated exposure levels

1 **Women** = women of childbearing age (women who are pregnant or may become pregnant, or are nursing)

2 **Children** = all young children up to age 6

♥ = Fish contains more than 1g beneficial fatty acids in a fillet the size of 2 decks of cards

✕ = Fish where all dark meat and/or Belly Fat has been removed

Contaminant present in fish: * Mercury Δ PCBs + Pesticides

Species	Waterbody		Recommended Meals/Month		
			General Population	Women ¹	Children ²
Black Crappie	Potomac River - Dam #4 to Dam #5	*	3	3	3
Brown Trout	Antietam	Δ	3	3	1
Channel Catfish	Conococheague	Δ	5	4	2
	Potomac River - Dam #4 to Dam #5	*	5	4	2
	Potomac River - Near Hancock	*	No Limit	No Limit	8
	Potomac: Dam #3 to Dam #4	*	5	4	2
Large and Smallmouth Bass ♥	Big Pool, Washington County	*	3	3	2
	Blair Valley Lake	*	6	5	3
	Conococheague	*	4	3	2
	Potomac River - Dam #4 to Dam #5	*	3	3	2
	Potomac River - Dam #3 to Dam #4	*	3	3	2
Rock Bass ♥	Antietam	Δ	8	7	4
	Big Pool, Washington County	Δ	No Limit	No Limit	No Limit
	Conococheague	Δ *	No Limit	No Limit	7
Sunfish (including Bluegill)	Antietam	Δ *	No Limit	No Limit	6
	Big Pool, Washington County	Δ	No Limit	No Limit	No Limit
	Potomac River - Dam #4 to Dam #5	*	No Limit	No Limit	5
	Potomac River - DC line to Dam #3	Δ	No Limit	No Limit	8
Walleye	Potomac River - Dam #4 to Dam #5	*	4	4	2
White Sucker	Antietam	*	No Limit	No Limit	8