



# Maryland Fish Consumption Advisories

## for Recreationally Caught Fish in Talbot County, MD

*Guidelines for Recreationally Caught Fish Species in Maryland Fresh, Estuarine, and Marine Waters*

**Recommended Meal Size: 8 oz or 9 crabs - General Population and Women; 3 oz or 4 crabs - Children**

Note: Consumption recommendations based on spacing of meals to avoid elevated exposure levels, fish contaminated

1 **Women** = women of childbearing age (women who are pregnant or may become pregnant, or are nursing)

2 **Children** = all young children up to age 6

♥ = Fish contains more than 1g beneficial fatty acids in a fillet the size of 2 decks of cards

✗ = Fish where all dark meat and/or Belly Fat has been removed, this leads to a reduction in PCB contamination

Contaminant present in fish: \* Mercury      Δ PCBs      + Pesticides      ◊ PFOS

Species	Waterbody	Recommended Meals/Month		
		General Population	Women <sup>1</sup>	Children <sup>2</sup>
Atlantic Croaker	Mid Bay: Patapsco to Upper Patuxent and	Δ	4	4
Blue Crab	Back River, Middle River or Patapsco River	Δ	6	5
	Other Areas of the Bay	Δ	No Limit	No Limit
Blue Crab "Mustard"	Back River, Middle River or Patapsco River	Δ	Avoid	Avoid
	Other Areas of the Bay	Δ	Eat Sparingly	Eat Sparingly
Large and Smallmouth Bass ♥	Unicorn Lake	*	No Limit	No Limit
	Wye Mills Community Lake	*	No Limit	No Limit
Rainbow Trout and Golden Rainbow Trout (Hatchery Raised)	All Hatchery Raised fish stocked in Anne Arundel County, Allegany County, Baltimore City, Baltimore County, Calvert County, Carroll County, Caroline County, Cecil County, Charles County, Frederick County, Garrett County, Harford County, Howard County, Queen Anne's County, Montgomery County, Prince George's County, Washington County, Wicomico County, and Worcester County	Δ	No Limit	No Limit
	<p>**For more information on put-and-take fish see <a href="https://www.eregulations.com/maryland/fishing/put-and-take-trout-fishing-areas">https://www.eregulations.com/maryland/fishing/put-and-take-trout-fishing-areas</a></p> <p>**For more information on Special Management Areas-Trout see <a href="https://www.eregulations.com/maryland/fishing/special-management-areas-trout">https://www.eregulations.com/maryland/fishing/special-management-areas-trout</a></p>			
Spot ♥	Eastern Bay: Miles & Wye River	Δ	5	5
	Mid Bay: Patapsco to Upper Patuxent and Tributaries	◊	3	3
Striped Bass (Rockfish) ♥	Mid Bay: Patapsco to Upper Patuxent and Tributaries	< 28" Δ ✗	No Limit	No Limit
		< 28" Δ	3	3
		> 28" Δ ✗	No Limit	No Limit
		> 28" Δ	1	1
White Perch	Eastern Bay: Miles & Wye River	Δ	No Limit	No Limit
	Tred Avon River	Δ	No Limit	No Limit