

# Maryland Fish Consumption Advisories

## for Recreationally Caught Fish in Queen Anne's County, MD

*Guidelines for Recreationally Caught Fish Species in Maryland Fresh, Estuarine, and Marine Waters*

**Recommended Meal Size: 7 oz or 9 crabs - General Population and Women; 3 oz or 4 crabs - Children**

Note: Consumption recommendations based on spacing of meals to avoid elevated exposure levels

1 **Women** = women of childbearing age (women who are pregnant or may become pregnant, or are nursing)

2 **Children** = all young children up to age 6

♥ = Fish contains more than 1g beneficial fatty acids in a fillet the size of 2 decks of cards

✘ = Fish where all dark meat and/or Belly Fat has been removed

Contaminant present in fish: \* Mercury    Δ PCBs    + Pesticides

Species	Waterbody		Recommended Meals/Month		
			General Population	Women <sup>1</sup>	Children <sup>2</sup>
American Eel	Elk River	Δ	<b>Avoid</b>	<b>Avoid</b>	<b>Avoid</b>
Blue Crab	Chesapeake Bay and Tributaries	Δ	<b>No Limit</b>	<b>No Limit</b>	<b>No Limit</b>
Blue Crab "Mustard"	Chesapeake Bay and Tributaries	Δ	Eat Sparingly	Eat Sparingly	Eat Sparingly
Brown Bullhead Catfish	Chester	Δ	<b>No Limit</b>	<b>No Limit</b>	8
	Elk River	Δ	2	2	2
Channel Catfish	Chester	Δ	6	5	3
	Elk River	Δ	2	2	1 every other month
Large and Smallmouth Bass ♥	Unicorn Lake	*	<b>No Limit</b>	<b>No Limit</b>	5
	Wye Mills Community Lake	*	<b>No Limit</b>	<b>No Limit</b>	8
Spot ♥	Chesapeake Bay and Tributaries	Δ	5	5	4
	Chester	Δ	5	5	4
	Eastern Bay: Miles & Wye River	Δ	5	5	4
	Elk River	Δ	5	5	4
Striped Bass (Rockfish) ♥	Chesapeake Bay and Tributaries	< 28" Δ ✘	<b>No Limit</b>	<b>No Limit</b>	7
		< 28" Δ	3	3	2
		> 28" Δ ✘	<b>No Limit</b>	<b>No Limit</b>	5
		> 28" Δ	1	1	1 every other month
White Perch	Chester	Δ	<b>No Limit</b>	<b>No Limit</b>	5
	Eastern Bay: Miles & Wye River	Δ	<b>No Limit</b>	<b>No Limit</b>	8
	Elk River	Δ	<b>No Limit</b>	8	5
Yellow Perch	Chester	Δ	<b>No Limit</b>	<b>No Limit</b>	<b>No Limit</b>