

Maryland Fish Consumption Advisories

for Recreationally Caught Fish in Harford County, MD

Guidelines for Recreationally Caught Fish Species in Maryland Fresh, Estuarine, and Marine Waters

Recommended Meal Size: 7 oz or 9 crabs - General Population and Women; 3 oz or 4 crabs - Children

Note: Consumption recommendations based on spacing of meals to avoid elevated exposure levels

1 **Women** = women of childbearing age (women who are pregnant or may become pregnant, or are nursing)

2 **Children** = all young children up to age 6

♥ = Fish contains more than 1g beneficial fatty acids in a fillet the size of 2 decks of cards

✕ = Fish where all dark meat and/or Belly Fat has been removed

Contaminant present in fish: * Mercury Δ PCBs + Pesticides

Species	Waterbody	Recommended Meals/Month		
		General Population	Women ¹	Children ²
American Eel	Bush Δ	4	4	4
	Bynum Run *	1 every other month	1 every other month	1 every other month
	Susquehanna River - Below Conowingo Dam Δ	Avoid	Avoid	Avoid
Blue Crab	Back River, Middle River or Patapsco River including Baltimore Harbor Δ	6	6	5
	Chesapeake Bay and Tributaries Δ	No Limit	No Limit	No Limit
Blue Crab "Mustard"	Back River, Middle River or Patapsco River including Baltimore Harbor Δ	Avoid	Avoid	Avoid
	Chesapeake Bay and Tributaries Δ	Eat Sparingly	Eat Sparingly	Eat Sparingly
Brown Bullhead Catfish	Bush Δ	1	1	1
	Gunpowder River Δ	4	4	3
	Mid Bay: Middle to Patapsco Δ	5	5	5
	Susquehanna River - Below Conowingo Dam Δ	1	1	1 every other month
Channel Catfish	Bush Δ	Avoid	Avoid	Avoid
	Gunpowder River Δ	1 every other month	1 every other month	Avoid
	Susquehanna River - Above Conowingo Dam Δ	1	1	1
	Susquehanna River - Below Conowingo Dam Δ	Avoid	Avoid	Avoid
Common Carp	Gunpowder River Δ	2	2	2
Flathead Catfish	Susquehanna River - Above Conowingo Dam Δ	1	1	1
Large and Smallmouth Bass ♥	Bush Δ	6	6	5
	Gunpowder River Δ	2	2	2
	Susquehanna River - Above Conowingo Dam Δ	2	2	2
	Susquehanna River - Below Conowingo Dam Δ	1	1	1
Spot ♥	Bush Δ	5	5	4
	Chesapeake Bay and Tributaries Δ	5	5	4
	Mid Bay: Middle to Patapsco Δ	5	5	4

Maryland Fish Consumption Advisories

for Recreationally Caught Fish in Harford County, MD

Guidelines for Recreationally Caught Fish Species in Maryland Fresh, Estuarine, and Marine Waters

Recommended Meal Size: 7 oz or 9 crabs - General Population and Women; 3 oz or 4 crabs - Children

Note: Consumption recommendations based on spacing of meals to avoid elevated exposure levels

1 **Women** = women of childbearing age (women who are pregnant or may become pregnant, or are nursing)

2 **Children** = all young children up to age 6

♥ = Fish contains more than 1g beneficial fatty acids in a fillet the size of 2 decks of cards

✘ = Fish where all dark meat and/or Belly Fat has been removed

Contaminant present in fish: * Mercury Δ PCBs + Pesticides

Species	Waterbody		Recommended Meals/Month		
			General Population	Women ¹	Children ²
Striped Bass (Rockfish) ♥	Chesapeake Bay and Tributaries	< 28" Δ ✘	No Limit	No Limit	7
		< 28" Δ	3	3	2
		> 28" Δ ✘	No Limit	No Limit	5
		> 28" Δ	1	1	1 every other month
Sunfish (including Bluegill)	Bush	Δ	6	6	6
	Bynum Run	*	No Limit	No Limit	No Limit
	Gunpowder River	Δ	2	2	1
	Susquehanna River - Above Conowingo Dam	Δ	6	6	5
White Perch	Bush	Δ	3	3	2
	Gunpowder River	Δ	3	3	3
	Mid Bay: Middle to Patapsco	Δ	1	1	1
White Sucker	Gunpowder River	Δ	No Limit	No Limit	No Limit
Yellow Perch	Bush	Δ	2	2	1
	Gunpowder River	Δ	1	1	1
	Susquehanna River - Below Conowingo Dam	Δ	2	2	2