

# Maryland Fish Consumption Advisories

## for Recreationally Caught Fish in Carroll County, MD

*Guidelines for Recreationally Caught Fish Species in Maryland Fresh, Estuarine, and Marine Waters*

**Recommended Meal Size: 8 oz or 9 crabs - General Population and Women; 3 oz or 4 crabs - Children**

Note: Consumption recommendations based on spacing of meals to avoid elevated exposure levels

1 **Women** = women of childbearing age (women who are pregnant or may become pregnant, or are nursing)

2 **Children** = all young children up to age 6

♥ = Fish contains more than 1g beneficial fatty acids in a fillet the size of 2 decks of cards

✘ = Fish where all dark meat and/or Belly Fat has been removed

Contaminant present in fish: \* Mercury      Δ PCBs      + Pesticides

| Species                      | Waterbody         |   | Recommended Meals/Month |                    |                       |
|------------------------------|-------------------|---|-------------------------|--------------------|-----------------------|
|                              |                   |   | General Population      | Women <sup>1</sup> | Children <sup>2</sup> |
| Black Crappie                | Liberty Reservoir | * | 8                       | 7                  | 4                     |
|                              | Tuckahoe Lake     | * | No Limit                | 8                  | 4                     |
| Large and Smallmouth Bass ♥  | Liberty Reservoir | * | 5                       | 5                  | 3                     |
|                              | Monocacy River    | Δ | No Limit                | No Limit           | No Limit              |
|                              | Piney Run Lake    | * | No Limit                | No Limit           | 6                     |
|                              | Tuckahoe Lake     | * | 3                       | 3                  | 2                     |
| Rock Bass ♥                  | Monocacy River    | Δ | 7                       | 6                  | 3                     |
| Sunfish (including Bluegill) | Liberty Reservoir | * | No Limit                | No Limit           | No Limit              |
|                              | Monocacy River    | Δ | No Limit                | No Limit           | 8                     |
| White Perch                  | Liberty Reservoir | * | 3                       | 2                  | 1                     |
| Yellow Bullhead Catfish      | Liberty Reservoir | * | 7                       | 6                  | 3                     |
|                              | Monocacy River    | * | 6                       | 5                  | 3                     |
| Yellow Perch                 | Liberty Reservoir | * | No Limit                | No Limit           | 8                     |
|                              | Piney Run Lake    | * | No Limit                | No Limit           | 6                     |