

# Maryland Fish Consumption Advisories

## for Recreationally Caught Fish in Baltimore City, MD

*Guidelines for Recreationally Caught Fish Species in Maryland Fresh, Estuarine, and Marine Waters*

**Recommended Meal Size: 8 oz or 9 crabs - General Population and Women; 3 oz or 4 crabs - Children**

Note: Consumption recommendations based on spacing of meals to avoid elevated exposure levels

1 **Women** = women of childbearing age (women who are pregnant or may become pregnant, or are nursing)

2 **Children** = all young children up to age 6

♥ = Fish contains more than 1g beneficial fatty acids in a fillet the size of 2 decks of cards

✕ = Fish where all dark meat and/or Belly Fat has been removed

Contaminant present in fish: \* Mercury    Δ PCBs    + Pesticides

Species	Waterbody	Recommended Meals/Month		
		General Population	Women <sup>1</sup>	Children <sup>2</sup>
American Eel	Back River Δ	Avoid	Avoid	Avoid
	Middle River Δ	1 every other month	1 every other month	Avoid
	Patapsco River/Baltimore Harbor Δ	Avoid	Avoid	Avoid
Black Crappie	Lake Roland * +	3	3	3
	Liberty Reservoir *	8	7	4
	Loch Raven Reservoir *	No Limit	No Limit	6
Blue Crab	Back River, Middle River or Patapsco River including Baltimore Harbor Δ	6	6	5
	Other Areas of the Bay Δ	No Limit	No Limit	No Limit
Blue Crab "Mustard"	Back River, Middle River or Patapsco River including Baltimore Harbor Δ	Avoid	Avoid	Avoid
	Other Areas of the Bay Δ	Eat Sparingly	Eat Sparingly	Eat Sparingly
Brown Bullhead	Back River Δ	1 every other month	1 every other month	1 every other month
	Mid Bay: Middle to Patapsco Δ	5	5	5
	Middle River Δ	2	2	1 every other month
	Patapsco River/Baltimore Harbor Δ	1 every other month	1 every other month	1 every other month
Brown Trout	Jones Falls Δ	3	3	3
	Patapsco River: North of Ellicott City Δ	5	5	4

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Channel Catfish	Back River Δ	<b>Avoid</b>	<b>Avoid</b>	<b>Avoid</b>
	Gunpowder River Δ	1 every other month	1 every other month	Avoid
	Middle River Δ	<b>Avoid</b>	<b>Avoid</b>	<b>Avoid</b>
	Patapsco River/Baltimore Harbor Δ	1 every other month	1 every other month	1 every other month
Common Carp	Back River Δ	<b>Avoid</b>	<b>Avoid</b>	<b>Avoid</b>
	Gunpowder River Δ	2	2	2
	Lake Roland * +	2	2	2
Flathead Catfish	Susquehanna River - Above Conowingo Dam Δ	1	1	1
Large and Smallmouth Bass ♥	Gunpowder River Δ	2	2	2
	Lake Roland * +	5	4	3
	Liberty Reservoir *	5	5	3
	Loch Raven Reservoir *	8	7	4
	Middle River Δ	1	1	1 every other month
	Patapsco River/Baltimore Harbor Δ	3	3	2
	Prettyboy Reservoir *	5	5	3
Rock Bass ♥	Jones Falls Δ	7	7	6
	Patapsco River: North of Ellicott City Δ	<b>No Limit</b>	<b>No Limit</b>	<b>No Limit</b>
Spot ♥	Back River Δ	5	5	4
	Chesapeake Bay and Tributaries Δ	5	5	4
	Mid Bay: Middle to Patapsco Δ	5	5	4
	Middle River Δ	5	5	4
	Patapsco River/Baltimore Harbor Δ	5	5	4

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			General Population	Women <sup>1</sup>	Children <sup>2</sup>	
Striped Bass (Rockfish) ♥	Chesapeake Bay and Tributaries	< 28" Δ ✕	No Limit	No Limit	7	
		< 28" Δ	3	3	2	
		> 28" Δ ✕	No Limit	No Limit	5	
		> 28" Δ	1	1	1 every other month	
	Patapsco River - Middle Branch	< 28" Δ	2	2	1	
> 28" Δ		1	1	1 every other month *		
Sunfish (including Bluegill)	Gunpowder River	Δ	2	2	1	
	Lake Roland	Δ	No Limit	No Limit	8	
	Liberty Reservoir	*	No Limit	No Limit	No Limit	
	Loch Raven Reservoir	*	No Limit	No Limit	No Limit	
	Patapsco River/Baltimore Harbor	Δ	No Limit	No Limit	8	
	Patapsco River: North of Ellicott City	Δ	No Limit	No Limit	No Limit	
	Prettyboy Reservoir	*	No Limit	No Limit	No Limit	
White Perch	Back River	Δ	2	2	2	
	Gunpowder River	Δ	3	3	3	
	Liberty Reservoir	*	3	2	1	
	Mid Bay: Middle to Patapsco	Δ	4	3	2	
		Middle River	Δ	1 every other month	1 every other month	Avoid
		Patapsco River/Baltimore Harbor	Δ	1 every other month	1 every other month	1 every other month
White Sucker	Gunpowder River	Δ	No Limit	No Limit	No Limit	
Yellow Bullhead Catfish	Liberty Reservoir	*	7	6	3	
Yellow Perch	Gunpowder River	Δ	1	1	1	
	Liberty Reservoir	*	No Limit	No Limit	8	
	Loch Raven Reservoir	*	No Limit	No Limit	6	
		Middle River	Δ	Avoid	Avoid	Avoid