



# Maryland Fish Consumption Advisories

## for Recreationally Caught Fish in Baltimore City, MD

*Guidelines for Recreationally Caught Fish Species in Maryland Fresh, Estuarine, and Marine Waters*

**Recommended Meal Size: 8 oz or 9 crabs - General Population and Women; 3 oz or 4 crabs - Children**

Note: Consumption recommendations based on spacing of meals to avoid elevated exposure levels, fish contaminated

1 **Women** = women of childbearing age (women who are pregnant or may become pregnant, or are nursing)

2 **Children** = all young children up to age 6

♥ = Fish contains more than 1g beneficial fatty acids in a fillet the size of 2 decks of cards

✕ = Fish where all dark meat and/or Belly Fat has been removed, this leads to a reduction in PCB contamination

Contaminant present in fish:     \* Mercury            Δ PCBs            + Pesticides            ◇ PFOS

Species	Waterbody	Recommended Meals/Month		
		General Population	Women <sup>1</sup>	Children <sup>2</sup>
Atlantic Croaker	Mid Bay: Patapsco to Upper Patuxent and Δ	4	4	4
	Upper Chesapeake Bay and Tributaries Δ	4	4	4
American Eel	Back River Δ	Avoid	Avoid	Avoid
	Bush River Δ	4	4	4
	Middle River Δ	1 every other month	1 every other month	Avoid
	Patapsco River/Baltimore Harbor Δ	Avoid	Avoid	Avoid
Black Crappie	Lake Roland * +	3	3	3
	Liberty Reservoir *	8	7	4
	Loch Raven Reservoir *	No Limit	No Limit	6
Blue Catfish	Middle River 15" - 24" Δ	4	3	2
Blue Crab	Back River, Middle River or Patapsco River Δ	6	6	5
	Other Areas of the Bay Δ	No Limit	No Limit	No Limit
Blue Crab "Mustard"	Back River, Middle River or Patapsco River Δ	Avoid	Avoid	Avoid
	Other Areas of the Bay Δ	Eat Sparingly	Eat Sparingly	Eat Sparingly
Brown Bullhead	Back River Δ	4	4	2
	Bush River Δ	1	1	1
	Mid Bay: Middle to Patapsco Δ	5	5	5
	Middle River Δ	2	2	1
	Patapsco River/Baltimore Harbor Δ	1 every other month	1 every other month	1 every other month
Brown Trout	Jones Falls Δ	3	3	3
Channel Catfish	Back River Δ	Avoid	Avoid	Avoid
	Bird River Δ	Avoid	Avoid	Avoid
	Middle River Δ	Avoid	Avoid	Avoid
	Patapsco River/Baltimore Harbor Δ	1 every other month	1 every other month	1 every other month
	Patapsco River: S. Hanover Bridge to Annapolis Road Δ	1 every other month	1 every other month	1 every other month



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Species	Waterbody	Recommended Meals/Month		
		General Population	Women <sup>1</sup>	Children <sup>2</sup>
Common Carp	Back River Δ	Avoid	Avoid	Avoid
	Lake Roland * +	2	2	2
Large and Smallmouth Bass ♥	Lake Roland * +	5	4	3
	Liberty Reservoir *	No Limit	No Limit	5
	Loch Raven Reservoir *	2	2	1
	Middle River Δ	1	1	1 every other month
	Patapsco River/Baltimore Harbor Δ	3	3	2
	Patapsco River: S. Hanover Bridge to Annapolis ◇	2	2	1
	Prettyboy Reservoir *	8	7	4
	Stansbury Pond Δ	No Limit	No Limit	6
Rainbow Trout and Golden Rainbow Trout (Hatchery Raised)	All Hatchery Raised fish stocked in Anne Arundel County, Allegany County, Baltimore City, Baltimore County, Calvert County, Carroll County, Caroline County, Cecil County, Charles County, Frederick County, Garrett County, Harford County, Howard County, Queen Anne's County, Montgomery County, Prince George's County, Washington County, Wicomico County, and Worcester County Δ	No Limit	No Limit	No Limit
	**For more information on put-and-take fish see <a href="https://www.eregulations.com/maryland/fishing/put-and-take-trout-fishing-areas">https://www.eregulations.com/maryland/fishing/put-and-take-trout-fishing-areas</a> **For more information on Special Management Areas-Trout see <a href="https://www.eregulations.com/maryland/fishing/special-management-areas-trout">https://www.eregulations.com/maryland/fishing/special-management-areas-trout</a>			
Rock Bass ♥	Jones Falls Δ	7	7	6
	Patapsco River/Baltimore Harbor ◇	2	2	1
	Patapsco River: Non-Tidal Gwynns Falls ◇	2	2	1
	Patapsco River: North of Ellicott City Δ	No Limit	No Limit	No Limit
Spot ♥	Back River Δ	5	5	4
	Mid Bay: Middle to Patapsco ◇	2	2	1
	Mid Bay: Patapsco to Upper Patuxent and ◇	3	3	2
	Middle River Δ	5	5	4
	Patapsco River - Middle Branch ◇	2	2	1
	Patapsco River/Baltimore Harbor ◇	4	4	2
	Upper Chesapeake Bay and Tributaries ◇	3	3	2



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Species	Waterbody		Recommended Meals/Month		
			General Population	Women <sup>1</sup>	Children <sup>2</sup>
Striped Bass (Rockfish) ♥	Mid Bay: Patapsco to Upper Patuxent and Tributaries	< 28" Δ ✕	No Limit	No Limit	7
		< 28" Δ	3	3	2
		> 28" Δ ✕	No Limit	No Limit	5
		> 28" Δ	1	1	1 every other month
	Patapsco River - Middle Branch	< 28" Δ	2	2	1
		> 28" Δ	1	1	1 every other month *
	Patapsco River: S. Hanover Bridge to Annapolis Rd	< 28" ◇	No Limit	No Limit	5
	Upper Chesapeake Bay and Tributaries	< 28" ◇ ✕	7	6	4
		< 28" Δ	3	3	2
		> 28" ◇ ✕	7	6	4
		> 28" Δ	1	1	1 every other month
Sunfish (including Bluegill)	Lake Roland	Δ	No Limit	No Limit	8
	Liberty Reservoir	*	No Limit	No Limit	No Limit
	Loch Raven Reservoir	*	No Limit	No Limit	No Limit
	Patapsco River/Baltimore Harbor	Δ	6	5	3
	Patapsco River: North of Ellicott City	◇	3	2	1
	Patapsco: Non-Tidal Gwynns Falls	◇	2	2	1
	Prettyboy Reservoir	*	No Limit	No Limit	No Limit
	Stansbury Pond	Δ	No Limit	No Limit	5
	Mid Bay: Middle to Patapsco	Δ ◇	6	5	4 ◇
White Catfish	Patapsco River/Baltimore Harbor	Δ	Avoid	Avoid	Avoid
White Perch	Back River	Δ	2	1	1
	Bird River	Δ	2	2	1
	Liberty Reservoir	*	3	2	1
	Mid Bay: Middle to Patapsco	Δ	5	4	2
	Middle River	Δ	1 every other month	1 every other month	Avoid
	Patapsco River/Baltimore Harbor	Δ	1	1	1
	Patapsco River: S. Hanover Bridge to Annapolis	◇	4	4	2
White Sucker	Jones Falls	◇	3	3	2
Yellow Bullhead	Liberty Reservoir	*	7	6	3
Yellow Perch	Liberty Reservoir	*	No Limit	No Limit	8
	Loch Raven Reservoir	*	No Limit	No Limit	6
	Middle River	Δ	Avoid	Avoid	Avoid
	Patapsco River: S. Hanover Bridge to Annapolis	◇	8	7	4