



Maryland Fish Consumption Advisories

for Recreationally Caught Fish in Anne Arundel County, MD

Guidelines for Recreationally Caught Fish Species in Maryland Fresh, Estuarine, and Marine Waters

Recommended Meal Size: 8 oz or 9 crabs - General Population and Women; 3 oz or 4 crabs - Children

Note: Consumption recommendations based on spacing of meals to avoid elevated exposure levels, fish contaminated

1 **Women** = women of childbearing age (women who are pregnant or may become pregnant, or are nursing)

2 **Children** = all young children up to age 6

♥ = Fish contains more than 1g beneficial fatty acids in a fillet the size of 2 decks of cards

✕ = Fish where all dark meat and/or Belly Fat has been removed, this leads to a reduction in PCB contamination

Contaminant present in fish: * Mercury Δ PCBs + Pesticides ◇ PFOS

Species	Waterbody	Recommended Meals/Month		
		General Population	Women ¹	Children ²
Atlantic Croaker	Mid Bay: Patapsco to Upper Patuxent and Δ	4	4	4
American Eel	Middle Patuxent River Δ	3	3	3
	Patapsco River/Baltimore Harbor Δ	Avoid	Avoid	Avoid
	Potomac River - 301 Bridge to DC Line Δ	1 every other month	1 every other month	1 every other month
	Rock Creek (Montgomery County) *	1 every other month	1 every other month	1 every other month
	South River Δ	2	2	1
	Upper Patuxent River Δ	3	3	3
Blue Catfish	Middle Patuxent River 15" - 24" Δ	No Limit	No Limit	6
	Upper Patuxent River 15" - 24" Δ	No Limit	No Limit	6
Blue Crab	Back River, Middle River or Patapsco River Δ	6	6	5
	Other Areas of the Bay Δ	No Limit	No Limit	No Limit
Blue Crab "Mustard"	including Baltimore Harbor Δ	Avoid	Avoid	Avoid
	Other Areas of the Bay Δ	Eat Sparingly	Eat Sparingly	Eat Sparingly
Brown Bullhead	Magothy Δ	8	8	7
	Mid Bay: Middle to Patapsco Δ	5	5	5
	Patapsco River/Baltimore Harbor Δ	1 every other month	1 every other month	1 every other month
	South River Δ	6	6	5
Brown Trout	Savage River Δ	5	5	3
Channel Catfish	Middle Patuxent River Δ	2	2	1
	Patapsco River/Baltimore Harbor Δ	1 every other month	1 every other month	1 every other month
	Upper Patuxent River Δ	2	2	1
Common Carp	Rhode & West Δ	7	7	7
	South River Δ	2	2	1
Large and Smallmouth Bass ♥	Middle Patuxent River Δ	No Limit	No Limit	No Limit
	Patapsco River/Baltimore Harbor Δ	3	3	2
	Patapsco River: S. Hanover Bridge to Annapolis Rd ◇	2	2	1
	Upper Patuxent River ◇	3	3	2
Rainbow Trout and Golden Rainbow Trout (Hatchery Raised)	All Hatchery Raised fish stocked in Anne Arundel County, Allegany County, Baltimore City, Baltimore County, Calvert County, Carroll County, Caroline County, Cecil County, Charles County, Frederick County, Garrett County, Harford County, Howard County, Queen Anne's County, Montgomery County, Prince George's County, Washington County, Wicomico County, and Worcester County Δ	No Limit	No Limit	No Limit
	**For more information on put-and-take fish see https://www.eregulations.com/maryland/fishing/put-and-take-trout-fishing-areas **For more information on Special Management Areas-Trout see https://www.eregulations.com/maryland/fishing/special-management-areas-trout			



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Species			Recommended Meals/Month		
			General Population	Women ¹	Children ²
Rock Bass ♥	Patapsco River/Baltimore Harbor	◇	2	2	1
Silver Perch	Herring Bay	◇	6	6	3
Spot ♥	Herring Bay	◇	6	5	3
	Magothy	Δ	5	5	4
	Mid Bay: Middle to Patapsco	◇	2	2	1
	Mid Bay: Patapsco to Upper Patuxent and	◇	3	3	2
	Middle Patuxent River	Δ	5	5	4
	Patapsco River - Middle Branch	◇	2	2	1
	Patapsco River/Baltimore Harbor	◇	4	4	2
	Rhode & West	Δ	5	5	4
	Severn River	Δ	5	5	4
	South River	Δ	5	5	4
	Upper Patuxent River	Δ	5	5	4
Striped Bass (Rockfish) ♥	Mid Bay: Patapsco to Upper Patuxent and Tributaries	< 28" Δ ✕	No Limit	No Limit	7
		< 28" Δ	3	3	2
		> 28" Δ ✕	No Limit	No Limit	5
		> 28" Δ	1	1	1 every other month
	Patapsco River - Middle Branch	< 28" Δ	2	2	1
		> 28" ◇	1	1	1 every other month *
Sunfish (including Bluegill)	Magothy	Δ	5	5	5
	Middle Patuxent River	Δ	No Limit	No Limit	7
	Patapsco River/Baltimore Harbor	Δ	6	5	3
	Upper Patuxent River	◇	2	2	1
White Catfish	Mid Bay: Middle to Patapsco	Δ ◇	6	5	4 ◇
	Patapsco River/Baltimore Harbor	Δ	Avoid	Avoid	Avoid
White Perch	Herring Bay	◇	3	3	2
	Magothy River	Δ	2	2	2
	Mid Bay: Middle to Patapsco	Δ	5	4	2
	Middle Patuxent River	◇	5	4	2
	Patapsco River/Baltimore Harbor	Δ	1	1	1
	Rhode & West	Δ	4	4	3
	Severn River	Δ	2	2	2
	South River	Δ	3	3	2
	Upper Patuxent River	Δ	No Limit	No Limit	No Limit
White Sucker	Upper Patuxent River	◇	No Limit	8	4
Yellow Bullhead	Middle Patuxent River	Δ	5	5	4
	Upper Patuxent River	Δ	5	5	4
Yellow Perch	Magothy	Δ	3	3	3
	Severn River	Δ	5	5	4
	South River	Δ	4	4	4