



Build a Waste-Free Lunch



What is a waste-free lunch?

REDUCE. Reduce the amount of food waste and trash from your lunch.

REUSE. Use reusable food and drink containers, utensils, and napkins.

RECYCLE. Recycle paper bags, plastic bottles, cans, and cardboard trays. Compost your food scraps.

MDE Waste-Free Lunch Event

Want the Maryland Department of the Environment (MDE) to host a Waste-Free Lunch Event at your school? Contact: **Lisa Jones, Communications & Outreach Manager**
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Waste-Free Lunch Event To Do List

PLAN. Coordinate with staff to set up a disposal station that includes recycling, composting, and trash bins, and a bucket for liquids.

SPREAD THE WORD. Use MDE's outreach materials to share the waste-free lunch concept with students, parents, and staff.

EVENT DAY. Encourage students and staff to pack a waste-free lunch, cafeteria staff to provide reusable or recyclable utensils and trays, and students to only buy for lunch what they'll eat.

MDE will help your students properly dispose of waste materials at the disposal station and reinforce the importance of REDUCE, REUSE & RECYCLE and a WASTE-FREE LUNCH!