



Maryland Green Registry MEMBER

The Maryland Green Registry promotes and recognizes sustainable practices at organizations of all types and sizes. Members agree to share at least five environmental practices and one measurable result while striving to continually improve their environmental performance.

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Dental Practice

Member since January 2015

Management And Leadership

Environmental Policy Statement

We pledge to consider the environmental impact of our practices in:

1. *Dental processes and materials*
2. *Office administration and marketing*
3. *Office construction, design and furnishings*

Environmental Team

We meet daily during the lunch hour and discuss what and how we recycle and how we can always be improving.

Environmentally Preferable Products and Services

1. *Use of digital radiography*
2. *Use of washable lab jackets*
3. *Repurposed furniture*
4. *Recycling*
5. *Use of energy efficient products (lighting, paint, and flooring)*
6. *Use of amalgam separator*

Environmentally Preferable Purchasing

We are using only environmentally friendly cleansers and detergents so they we are not putting harmful chemicals into our eco-system.

We recently remodeled our office using eco-friendly materials and repurposing items we already had. We purchased Eco-friendly low/no VOC paint. The flooring is also eco-friendly and produces zero emissions.

Environmental Restoration or Community Environmental Projects

We are affiliated with the Eco Dentistry Association, an organization that provides information to the dental community on being green, saving energy, and reducing waste. They sponsor a program called "[Save 90 a Day](#)" which refers to the fact that the average person wastes at least 90 glasses of water a day by leaving the tap running while they brush their teeth. We provide information on this to our patients and ask them to report back to see if they have had a savings in their water bills. We have had some patients report back noticing a savings of on average a ¼ to ½ on their bills.

Waste

Solid Waste Reduction and Reuse

We have made it our goal to reduce the usage of disposable items and use items that can only be sterilized or washed in the office. We use washable dishes as opposed to disposable items and have cut down on the amount of waste the office produces. We also use washable lab coats and are now saving on average \$65 per month by no longer having to purchase disposable lab jackets.

We have also been phasing out the use of disposable batteries and replacing them with rechargeable batteries while making sure they are disposed of correctly.

Recycling

We strive daily to recycle everything that is not considered hazardous materials or medical waste. This includes

- 1. Paper products*
- 2. Plastic Products*
- 3. Metals*
- 4. Amalgams - We have an amalgam separator that separates the mercury from metal-based fillings in order to keep the mercury from entering our public water systems. The dental amalgam is then collected for recycling.*

Energy

Energy Efficiency

Since switching to energy efficient lighting, energy efficient washer/dryer and timed thermostats, we have noticed our bill is now cut down by 2/3^{rds}.

Transportation

Employee Commute

- 1. Some of our employees carpool saving 12 to 40 vehicle miles per trip.*
- 2. We are located near mass transit and some of our patients use the bus service*

Water

Water Conservation

Our water use has been cut in ½ since we started using the waterless suction system.



Help build a greener, more sustainable Maryland through voluntary practices that reduce environmental impacts and save money.

Learn more at www.green.maryland.gov/registry

