



# MARYLAND Green Registry

## 2013 Leadership Award Winner

# OAKLAND NURSING & REHABILITATION CENTER



### ABOUT OAKLAND NURSING AND REHABILITATION CENTER

Oakland Nursing & Rehabilitation Center, a Mid Atlantic Health Care, LLC, facility, has approximately 110 employees at its location in Oakland, MD. Their management team meets regularly to ensure implementation of its two-year plan to reduce their environmental footprint with specific goals for reductions in energy and water consumption, transportation impacts, and increased recycling.



706 East Alder Street  
Oakland, MD 21550  
[www.MAHCLTC.com](http://www.MAHCLTC.com)



### ACHIEVEMENTS

- All staff members are included as part of their "Green Team," which starts with an employee orientation class to educate all new employees on green practices and continues with regular in-service employee training and education.
- Maintenance staff perform monthly energy audits and equipment load testing for all electrical outlets. Through the installation of energy efficient lighting, new windows and weather stripping, energy efficient washers, dryers and tankless water heaters, the facility has reduced its energy usage in 2012 to half of their 2010 baseline level.
- Monthly water leak checks, weekly water temperature checks, and low-flow efficient plumbing fixtures have reduced water consumption by 1,700,000 gallons per year.
- The Center is located in a rural area and has been very resourceful in identifying local reuse and recycling opportunities that support the community. All paper is shredded and taken to a local pulp mill for recycling; office furniture and equipment is donated to local businesses; worn sheets, towels, blankets and hospital gowns are taken to the local animal shelter; and newspapers and bottles are taken to the local elementary school.



The Maryland Green Registry Leadership Awards recognize organizations that have shown a strong commitment to the implementation of sustainable practices, the demonstration of measurable results, and the continual improvement of environmental performance.