MedStar Southern Maryland Hospital Center

MedStar Health

7503 Surratts Road
Clinton, MD 20735
301-310-2751
www.medstarhealth.org/locations/medstar-southern-maryland-hospital-center
Hospital
Member since April 2022

Management and Leadership

☑ **Environmental Team**

  The MedStar systemwide Environmental Leadership Council includes representation from each member hospital. The team's mission is to establish, maintain, and support environmental sustainability programs in support of the Corporate Mission, Vision, and Values. This team meets quarterly and serves as a collection and dissemination point for all environmental sustainability activities and programs across the system.

☑ **Annual Environmental Goals**

- *Determine action plan to revamp shred bin program awareness for collecting confidential and non-confidential paper.*
- *Food & Nutrition team to host National Nutrition Month (March), Earth Day (April) and Buy Local Week (July) Celebrations to highlight importance of plant-based meals and locally grown products for both human and environmental health for staff, patients, and visitors.*

Waste

Unless otherwise stated, waste data is reported for calendar year 2020.

☑ **Solid Waste Reduction and Reuse**

- *Eliminated polystyrene and plastic straws from food service.*
- *Through a medical device reprocessing program, collected 862 pounds of single-use devices, saving the hospital $20,224.*

- *Donated 4.91 tons of capital medical equipment Brother's Brother.*
- *Diverted 11.43 tons of plastic from landfill through reusable sharps container program.*
- *Selected a vendor to optimize and oversee print management program in 2020. While paper usage increased due to COVID procedures and the need for additional/new were forms, these paper reduction efforts should deliver positive results in the future.*
- *Implemented Waste Watch powered by LeanPath, a technology program that tracks details and data on food waste. This data is used to create strategies for pre-consumer food waste reduction.*

☑ **Recycling**

- *Maintained nearly 27% overall recycling rate, despite the global recycling industry trending downward and added scrutiny locally on the recycling coming from hospitals at the onset of the COVID19 pandemic.*
- *Revamped the recycling program, as needed, to align with the system-wide hauler to reduce potential contamination issues.*
- *Maintained other recycling efforts throughout the facility including single stream recycling, shred bin consoles, electronics, light bulbs, and cooking oil.*

☑ **Hazardous Waste/Toxic Use Reduction**

- *Mercury free hospital since 2016.*
- *Increased usage of spend on green floor cleaning chemicals from 70.8% to 78.3% from CY2019 to CY2020.*
- *Utilize integrated pest management techniques through third-party pest management company.*

Energy

Unless otherwise stated, energy data is reported for calendar year 2020.

☑ **Energy Efficiency**

- *75% of Operating Rooms are equipped with LED lighting.*
- *Installed a white roof for Bed Tower 1 in 2020.*

Environmental Certification Programs, Awards, and Other Activities

☑ **Sustainable Foods:**

- *Reduced pounds of meat and poultry by 6.6% by offering seafood and plant-based options on a regular basis as a substitute for meat entrees.*

- *Cafeteria signage includes nutritional labeling on items, Sodexo Mindful Program, and special featured events throughout the year.*
- *During Maryland Buy Local Week, labeled locally sourced foods that were featured in the cafeteria.*
- *Implemented a Healthy Snack Program in Hospital Cafes.*
- *Created a Monthly Mindful Wellness Retail Packet.*
- *Added Reflection Room with healthy snacks for associates.*
- *Promote healthy beverage access through product placement and offer fruit-infused water. Encourage spa water and unsweetened teas.*