



## Maryland Green Registry MEMBER

The Maryland Green Registry promotes and recognizes sustainable practices at organizations of all types and sizes. Members agree to share at least five environmental practices and one measurable result while striving to continually improve their environmental performance.

# Imagine Yoga & Wellness Center



3120 Belair Drive  
Bowie, MD 20715  
443-510-6308  
[www.ImagineThePlace.com](http://www.ImagineThePlace.com)  
Wellness  
Member since October 2018

## Management And Leadership

### Annual Environmental Goals

*Imagine's owner, Linda, has a certified wildlife home and is currently working to certify the studio as a wildlife habitat as well. It is their main current goal and all they need is a source of food to complete the checklist for acceptance.*

### Environmentally Preferable Products and Services

*Imagine only serves coffee from a pot and only offers mugs and other reusable cups. There are no single use cups, utensils, or water bottles. The staff often take the dishes home and wash them themselves, as they do not have a dishwasher. On top of that, there are no paper towels. Clients are encouraged to use a hand towel, many of which are donated, which are later washed as well.*

## Waste

### Solid Waste Reduction and Reuse

*Imagine reduces their amount of solid waste in many ways. For example, they do not use and therefore do not throw out paper towels. Clients and staff use hand towels that are washed and clients are encouraged to reuse theirs throughout the day. They rarely buy paper, as they are often given donations of scrap and old paper that they reuse for advertisements and decorations. There*

*are no K-cups or single use cups or bottles used and thrown out as well, as they only offer mugs and cups that can be washed.*

**Recycling**

*Imagine is serviced by Public Works for recycling and participate to the greatest extent possible for a company that generates so little waste.*

**Energy**

**Energy Efficiency**

*Often times, soft light from lamps are the only lights used in the building. This is far more energy efficient then keeping overhead fluorescent lights on daily. They also practice keeping all lights off while a room is not in use and often run yoga or meditation sessions by candlelight only.*

**Transportation**

**Employee Commute**

*Many people ride their bikes or walk to work sporadically (as do many clients!) but the owner, Linda, walks every day. Her walk is about 0.25 miles per day which means she saves 91.25 miles in driving and gas per year by walking to and from work! This is about 8 gallons of gas saved.*



*Help build a greener, more sustainable Maryland through voluntary practices that reduce environmental impacts and save money.*

*Learn more at [green.maryland.gov](http://green.maryland.gov)*

