

# Maryland Fish Consumption Advisories

## for Recreationally Caught Fish in Harford County, MD

*Guidelines for Recreationally Caught Fish Species in Maryland Fresh, Estuarine, and Marine Waters*

**Recommended Meal Size: 8 oz or 9 crabs - General Population and Women; 3 oz or 4 crabs - Children**

Note: Consumption recommendations based on spacing of meals to avoid elevated exposure levels, fish contaminated

1 **Women** = women of childbearing age (women who are pregnant or may become pregnant, or are nursing)

2 **Children** = all young children up to age 6

♥ = Fish contains more than 1g beneficial fatty acids in a fillet the size of 2 decks of cards

✘ = Fish where all dark meat and/or Belly Fat has been removed, this leads to a reduction in PCB contamination

Contaminant present in fish: \* Mercury Δ PCBs + Pesticides ◇ PFOS

Species	Waterbody	Recommended Meals/Month		
		General Population	Women <sup>1</sup>	Children <sup>2</sup>
Atlantic Croaker	Upper Chesapeake Bay and Tributaries Δ	4	4	4
American Eel	Bush River Δ	4	4	4
	Bynum Run *	month	month	month
	Elk River Δ	Avoid	Avoid	Avoid
	Northeast River Δ	1	1	1 every other month
	Susquehanna River - Below Conowingo Dam Δ	Avoid	Avoid	Avoid
Blue Crab	Back River, Middle River or Patapsco River Δ	6	6	5
	Other Areas of the Bay Δ	No Limit	No Limit	No Limit
Blue Crab "Mustard"	Back River, Middle River or Patapsco River Δ	Avoid	Avoid	Avoid
	Other Areas of the Bay Δ	Eat Sparingly	Eat Sparingly	Eat Sparingly
Brown Bullhead	Bush River Δ	1	1	1
	Elk River Δ	2	2	2
	Gunpowder River Δ	4	4	3
	Northeast River Δ	1	1	1
	Susquehanna River - Below Conowingo Dam Δ	1	1	1 every other month
Channel Catfish	Bohemia River Δ	1 every other month	1 every other month	1 every other month
	Bush River Δ	1	1	1
	C & D Canal Δ	1 every other month	1 every other month	Avoid
	Elk River Δ	1	1	1
	Gunpowder River Δ	1 every other month	1 every other month	Avoid
	Northeast River Δ	2	2	1
	Sassafras River Δ	2	2	1
	Susquehanna River - Above Conowingo Dam Δ	1	1	1
	Susquehanna River - Below Conowingo Dam Δ	Avoid	Avoid	Avoid
Common Carp	Gunpowder River Δ	2	2	2
Flathead Catfish	Susquehanna River - Above Conowingo Dam - All Meat All sizes Δ	1	1	1
	Susquehanna River - Above Conowingo Dam - (No Dark Meat or Belly Fat) < 22" * ✘	No Limit	No Limit	6
	22" - 28" * ✘	7	6	3
	> 28" * ✘	7	6	4
	Susquehanna River - Below Conowingo Dam - All Meat All sizes Δ	1	1	1
	Susquehanna River - Below Conowingo Dam - (No Dark Meat or Belly Fat) < 22" * ✘	No Limit	No Limit	6
22" - 28" * ✘	7	6	3	
> 28" * ✘	7	6	4	

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Species	Waterbody	Recommended Meals/Month			
		General Population	Women <sup>1</sup>	Children <sup>2</sup>	
Large and Smallmouth Bass ♥	Bush River ◇	3	2	1	
	Gunpowder River Δ◇	2	2	1 ◇	
	Northeast River ◇	2	1	1 every other month	
	Stemmers Lake Δ	No Limit	No Limit	8	
	Susquehanna River - Above Conowingo Dam ◇	1	1	1 every other month	
	Susquehanna River - Below Conowingo Dam ◇	No Limit	No Limit	No Limit	
Northern Snakehead	Bush River ◇	2	2	1	
	Gunpowder River Δ*	No Limit	No Limit	No Limit	
	Susquehanna River - Below Conowingo Dam ◇	No Limit	No Limit	7	
Rainbow Trout and Golden Rainbow Trout (Hatchery Raised)	All Hatchery Raised fish stocked in Anne Arundel County, Allegany County, Baltimore City, Baltimore County, Calvert County, Carroll County, Caroline County, Cecil County, Charles County, Frederick County, Garrett County, Harford County, Howard County, Queen Anne's County, Montgomery County, Prince George's County, Washington County, Wicomico County, and Worcester County Δ	No Limit	No Limit	No Limit	
	**For more information on put-and-take fish see <a href="https://www.eregulations.com/maryland/fishing/put-and-take-trout-fishing-areas">https://www.eregulations.com/maryland/fishing/put-and-take-trout-fishing-areas</a> **For more information on Special Management Areas-Trout see <a href="https://www.eregulations.com/maryland/fishing/special-management-areas-trout">https://www.eregulations.com/maryland/fishing/special-management-areas-trout</a>				
Spot ♥	Bohemia River Δ	5	5	4	
	Bush River Δ	5	5	4	
	Elk River Δ	5	5	4	
	Northeast River Δ	5	5	4	
	Sassafras River Δ	5	5	4	
	Upper Chesapeake Bay and Tributaries ◇	3	3	2	
Striped Bass (Rockfish) ♥	Northeast River < 28" ◇	3	2	1	
	Susquehanna River - Below Conowingo Dam < 28" ◇	3	2	1	
	Upper Chesapeake Bay and Tributaries	< 28" ◇ ✘	7	6	4
		< 28" Δ	3	3	2
		> 28" ◇ ✘	7	6	4
	> 28" Δ	1	1	1 every other month	
Sunfish (including Bluegill)	Bush River Δ	No Limit	No Limit	No Limit	
	C & D Canal ◇	4	4	2	
	Gunpowder River Δ	2	2	1	
	Susquehanna River - Above Conowingo Dam Δ	6	6	5	
	Susquehanna River - Below Conowingo Dam Δ	No Limit	No Limit	No Limit	
	Winters Run ◇	1	1	1 every other month	



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Species	Waterbody		Recommended Meals/Month		
			General Population	Women <sup>1</sup>	Children <sup>2</sup>
White Perch	Bohemia River	Δ	2	2	1
	Bush River	◇	4	3	2
	C & D Canal	Δ	4	4	2
	Elk River	◇	7	6	3
	Gunpowder River	◇	2	2	1
	Northeast River	Δ	3	2	1
	Sassafras River	Δ	2	2	2
White Sucker	Gunpowder River	◇	5	4	3
	Winters Run	◇	No Limit	No Limit	6
Yellow Perch	Bush River	Δ	2	2	1
	Elk River	Δ	1 every other month	1 every other month	1 every other month
	Gunpowder River	Δ	1	1	1
	Susquehanna River - Below Conowingo Dam	Δ	No Limit	No Limit	No Limit