



Maryland Fish Consumption Advisories

for Recreationally Caught Fish in Baltimore County, MD

Guidelines for Recreationally Caught Fish Species in Maryland Fresh, Estuarine, and Marine Waters

Recommended Meal Size: 8 oz or 9 crabs - General Population and Women; 3 oz or 4 crabs - Children

Note: Consumption recommendations based on spacing of meals to avoid elevated exposure levels, fish contaminated

1 **Women** = women of childbearing age (women who are pregnant or may become pregnant, or are nursing)

2 **Children** = all young children up to age 6

♥ = Fish contains more than 1g beneficial fatty acids in a fillet the size of 2 decks of cards

✘ = Fish where all dark meat and/or Belly Fat has been removed, this leads to a reduction in PCB contamination

Contaminant present in fish: * Mercury Δ PCBs + Pesticides ◇ PFOS

Species	Waterbody		Recommended Meals/Month		
			General Population	Women ¹	Children ²
Atlantic Croaker	Mid Bay: Patapsco to Upper Patuxent and	Δ	4	4	4
	Upper Chesapeake Bay and Tributaries	Δ	4	4	4
American Eel	Back River	Δ	Avoid	Avoid	Avoid
	Bush River	Δ	4	4	4
	Bynum Run	*	1 every other month	1 every other month	1 every other month
	Middle River	Δ	1 every other month	1 every other month	Avoid
	Patapsco River/Baltimore Harbor	Δ	Avoid	Avoid	Avoid
Black Crappie	Lake Roland	* +	3	3	3
	Liberty Reservoir	*	8	7	4
	Loch Raven Reservoir	*	No Limit	No Limit	6
Blue Catfish	Middle River 15" - 24"	Δ	4	3	2
Blue Crab	Back River, Middle River or Patapsco River	Δ	6	6	5
	Other Areas of the Bay	Δ	No Limit	No Limit	No Limit
Blue Crab "Mustard"	Back River, Middle River or Patapsco River	Δ	Avoid	Avoid	Avoid
	Other Areas of the Bay	Δ	Eat Sparingly	Eat Sparingly	Eat Sparingly
Brown Bullhead	Back River	Δ	4	4	2
	Bush River	Δ	1	1	1
	Gunpowder River	Δ	4	4	3
	Mid Bay: Middle to Patapsco	Δ	5	5	5
	Middle River	Δ	2	2	1
	Patapsco River/Baltimore Harbor	Δ	1 every other month	1 every other month	1 every other month
Brown Trout	Jones Falls	Δ	3	3	3
	Patapsco River: North of Ellicott City	Δ	5	5	4



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Species	Waterbody		Recommended Meals/Month			
			General Population	Women ¹	Children ²	
Channel Catfish	Back River	Δ	Avoid	Avoid	Avoid	
	Bird River	Δ	Avoid	Avoid	Avoid	
	Bush River	Δ	1	1	1	
	Gunpowder River	Δ	1 every other month	1 every other month	Avoid	
	Jennings Randolph Reservoir	*	4	4	4	
	Middle River	Δ	Avoid	Avoid	Avoid	
	Patapsco River/Baltimore Harbor	Δ	1 every other month	1 every other month	1 every other month	
	Patapsco River: S. Hanover Bridge to Annapolis Road	Δ	1 every other month	1 every other month	1 every other month	
Common Carp	Back River	Δ	Avoid	Avoid	Avoid	
	Gunpowder River	Δ	2	2	2	
	Lake Roland	* +	2	2	2	
Large and Smallmouth Bass ♥	Bush River	◇	3	2	1	
	Gunpowder River	Δ◇	2	2	1 ◇	
	Lake Roland	* +	5	4	3	
	Liberty Reservoir	*	No Limit	No Limit	5	
	Loch Raven Reservoir	*	2	2	1	
	Middle River	Δ	1	1	1 every other month	
	Patapsco River/Baltimore Harbor	Δ	3	3	2	
	Patapsco River: S. Hanover Bridge to	◇	2	2	1	
	Prettyboy Reservoir	*	8	7	4	
	Stansbury Pond	Δ	No Limit	No Limit	6	
Northern Snakehead	Bush River	◇	2	2	1	
	Gunpowder River	Δ*	No Limit	No Limit	No Limit	
Rainbow Trout and Golden Rainbow Trout (Hatchery Raised)	All Hatchery Raised fish stocked in Anne Arundel County, Allegany County, Baltimore City, Baltimore County, Calvert County, Carroll County, Caroline County, Cecil County, Charles County, Frederick County, Garrett County, Harford County, Howard County, Queen Anne's County, Montgomery County, Prince George's County, Washington County, Wicomico County, and Worcester County		Δ	No Limit	No Limit	No Limit
<p>**For more information on put-and-take fish see https://www.eregulations.com/maryland/fishing/put-and-take-trout-fishing-areas **For more information on Special Management Areas-Trout see https://www.eregulations.com/maryland/fishing/special-management-areas-trout</p>						
Rock Bass ♥	Jones Falls	Δ	7	7	6	
	Patapsco River/Baltimore Harbor	◇	2	2	1	
	Patapsco River: Non-Tidal Gwynns Falls	◇	2	2	1	
	Patapsco River: North of Ellicott City	Δ	No Limit	No Limit	No Limit	



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Species	Waterbody		Recommended Meals/Month		
			General Population	Women ¹	Children ²
Spot ♥	Back River	Δ	5	5	4
	Bush River	Δ	5	5	4
	Mid Bay: Middle to Patapsco	◇	2	2	1
	Mid Bay: Patapsco to Upper Patuxent and	◇	3	3	2
	Middle River	Δ	5	5	4
	Patapsco River - Middle Branch	◇	2	2	1
	Patapsco River/Baltimore Harbor	◇	4	4	2
	Upper Chesapeake Bay and Tributaries	◇	3	3	2
Striped Bass (Rockfish) ♥	Mid Bay: Patapsco to Upper Patuxent and Tributaries	< 28" Δ ✘	No Limit	No Limit	7
		< 28" Δ	3	3	2
		> 28" Δ ✘	No Limit	No Limit	5
		> 28" Δ	1	1	1 every other month
	Patapsco River - Middle Branch	< 28" Δ	2	2	1
		> 28" Δ	1	1	1 every other month *
	Patapsco River: S. Hanover Bridge to Annapolis Rd	< 28" ◇	No Limit	No Limit	5
	Upper Chesapeake Bay and Tributaries	< 28" ◇ ✘	7	6	4
		< 28" Δ	3	3	2
		> 28" ◇ ✘	7	6	4
	> 28" Δ	1	1	1 every other month	
Sunfish (including Bluegill)	Bush River	Δ	No Limit	No Limit	No Limit
	Bynum Run	◇	2	2	1
	Gunpowder River	Δ	2	2	1
	Lake Roland	Δ	No Limit	No Limit	8
	Liberty Reservoir	*	No Limit	No Limit	No Limit
	Loch Raven Reservoir	*	No Limit	No Limit	No Limit
	Patapsco River/Baltimore Harbor	Δ	6	5	3
	Patapsco River: North of Ellicott City	◇	3	2	1
	Patapsco: Non-Tidal Gwynns Falls	◇	2	2	1
	Prettyboy Reservoir	*	No Limit	No Limit	No Limit
	Stansbury Pond	Δ	No Limit	No Limit	5
	Winters Run	◇	1	1	1 every other month
White Catfish	Mid Bay: Middle to Patapsco	Δ ◇	6	5	4 ◇
	Patapsco River/Baltimore Harbor	Δ	Avoid	Avoid	Avoid



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			General Population	Women ¹	Children ²
White Perch	Back River	Δ	2	1	1
	Bird River	Δ	2	2	1
	Bush River	◇	4	3	2
	Gunpowder River	◇	2	2	1
	Liberty Reservoir	*	3	2	1
	Mid Bay: Middle to Patapsco	Δ	5	4	2
	Middle River	Δ	1 every other month	1 every other month	Avoid
	Patapsco River/Baltimore Harbor	Δ	1	1	1
	Patapsco River: S. Hanover Bridge to	◇	4	4	2
White Sucker	Gunpowder River	◇	5	4	3
	Jones Falls	◇	3	3	2
Yellow Bullhead	Liberty Reservoir	*	7	6	3
Yellow Perch	Bush River	Δ	2	2	1
	Gunpowder River	Δ	1	1	1
	Liberty Reservoir	*	No Limit	No Limit	8
	Loch Raven Reservoir	*	No Limit	No Limit	6
	Patapsco River: S. Hanover Bridge to	◇	8	7	4