



Maryland Fish Consumption Advisories

for Recreationally Caught Fish in Baltimore City, MD

Guidelines for Recreationally Caught Fish Species in Maryland Fresh, Estuarine, and Marine Waters

Recommended Meal Size: 8 oz or 9 crabs - General Population and Women; 3 oz or 4 crabs - Children

Note: Consumption recommendations based on spacing of meals to avoid elevated exposure levels, fish contaminated

1 **Women** = women of childbearing age (women who are pregnant or may become pregnant, or are nursing)

2 **Children** = all young children up to age 6

♥ = Fish contains more than 1g beneficial fatty acids in a fillet the size of 2 decks of cards

✘ = Fish where all dark meat and/or Belly Fat has been removed, this leads to a reduction in PCB contamination

Contaminant present in fish: * Mercury Δ PCBs + Pesticides ◇ PFOS

| Species | Waterbody | | Recommended Meals/Month | | |
|---------------------|-----------------------------------------------------|----|-------------------------|---------------------|-----------------------|
| | | | General Population | Women ¹ | Children ² |
| Atlantic Croaker | Mid Bay: Patapsco to Upper Patuxent and | Δ | 4 | 4 | 4 |
| | Upper Chesapeake Bay and Tributaries | Δ | 4 | 4 | 4 |
| American Eel | Back River | Δ | Avoid | Avoid | Avoid |
| | Bush River | Δ | 4 | 4 | 4 |
| | Middle River | Δ | 1 every other month | 1 every other month | Avoid |
| | Patapsco River/Baltimore Harbor | Δ | Avoid | Avoid | Avoid |
| Black Crappie | Lake Roland | *+ | 3 | 3 | 3 |
| | Liberty Reservoir | * | 8 | 7 | 4 |
| | Loch Raven Reservoir | * | No Limit | No Limit | 6 |
| Blue Catfish | Middle River 15" - 24" | Δ | 4 | 3 | 2 |
| Blue Crab | Back River, Middle River or Patapsco River | Δ | 6 | 6 | 5 |
| | Other Areas of the Bay | Δ | No Limit | No Limit | No Limit |
| Blue Crab "Mustard" | Back River, Middle River or Patapsco River | Δ | Avoid | Avoid | Avoid |
| | Other Areas of the Bay | Δ | Eat Sparingly | Eat Sparingly | Eat Sparingly |
| Brown Bullhead | Back River | Δ | 4 | 4 | 2 |
| | Bush River | Δ | 1 | 1 | 1 |
| | Mid Bay: Middle to Patapsco | Δ | 5 | 5 | 5 |
| | Middle River | Δ | 2 | 2 | 1 |
| | Patapsco River/Baltimore Harbor | Δ | 1 every other month | 1 every other month | 1 every other month |
| Brown Trout | Jones Falls | Δ | 3 | 3 | 3 |
| Channel Catfish | Back River | Δ | Avoid | Avoid | Avoid |
| | Bird River | Δ | Avoid | Avoid | Avoid |
| | Middle River | Δ | Avoid | Avoid | Avoid |
| | Patapsco River/Baltimore Harbor | Δ | 1 every other month | 1 every other month | 1 every other month |
| | Patapsco River: S. Hanover Bridge to Annapolis Road | Δ | 1 every other month | 1 every other month | 1 every other month |



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| Species | Waterbody | Recommended Meals/Month | | |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|--------------------|-----------------------|
| | | General Population | Women ¹ | Children ² |
| Common Carp | Back River Δ | Avoid | Avoid | Avoid |
| | Lake Roland * + | 2 | 2 | 2 |
| Large and Smallmouth Bass ♥ | Lake Roland * + | 5 | 4 | 3 |
| | Liberty Reservoir * | No Limit | No Limit | 5 |
| | Loch Raven Reservoir * | 2 | 2 | 1 |
| | Middle River Δ | 1 | 1 | 1 every other month |
| | Patapsco River/Baltimore Harbor Δ | 3 | 3 | 2 |
| | Patapsco River: S. Hanover Bridge to Annapolis Rd ◇ | 2 | 2 | 1 |
| | Prettyboy Reservoir * | 8 | 7 | 4 |
| | Stansbury Pond Δ | No Limit | No Limit | 6 |
| Rainbow Trout and Golden Rainbow Trout (Hatchery Raised) | All Hatchery Raised fish stocked in Anne Arundel County, Allegany County, Baltimore City, Baltimore County, Calvert County, Carroll County, Caroline County, Cecil County, Charles County, Frederick County, Garrett County, Harford County, Howard County, Queen Anne's County, Montgomery County, Prince George's County, Washington County, Wicomico County, and Worcester County Δ | No Limit | No Limit | No Limit |
| **For more information on put-and-take fish see https://www.eregulations.com/maryland/fishing/put-and-take-trout-fishing-areas **For more information on Special Management Areas-Trout see https://www.eregulations.com/maryland/fishing/special-management-areas-trout | | | | |
| Rock Bass ♥ | Jones Falls Δ | 7 | 7 | 6 |
| | Patapsco River/Baltimore Harbor ◇ | 2 | 2 | 1 |
| | Patapsco River: Non-Tidal Gwynns Falls ◇ | 2 | 2 | 1 |
| | Patapsco River: North of Ellicott City Δ | No Limit | No Limit | No Limit |
| Spot ♥ | Back River Δ | 5 | 5 | 4 |
| | Mid Bay: Middle to Patapsco ◇ | 2 | 2 | 1 |
| | Mid Bay: Patapsco to Upper Patuxent and ◇ | 3 | 3 | 2 |
| | Middle River Δ | 5 | 5 | 4 |
| | Patapsco River - Middle Branch ◇ | 2 | 2 | 1 |
| | Patapsco River/Baltimore Harbor ◇ | 4 | 4 | 2 |
| | Upper Chesapeake Bay and Tributaries ◇ | 3 | 3 | 2 |



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|------------------------------|-----------------------------------------------------|--------------------------------------|-------------------------|---------------------|-----------------------|---|
| | | | General Population | Women ¹ | Children ² | |
| Striped Bass (Rockfish) ♥ | Mid Bay: Patapsco to Upper Patuxent and Tributaries | < 28" Δ ✘ | No Limit | No Limit | 7 | |
| | | < 28" Δ | 3 | 3 | 2 | |
| | | > 28" Δ ✘ | No Limit | No Limit | 5 | |
| | | > 28" Δ | 1 | 1 | 1 every other month | |
| | Patapsco River - Middle Branch | < 28" Δ | 2 | 2 | 1 | |
| | | > 28" Δ | 1 | 1 | 1 every other month * | |
| | Patapsco River: S. Hanover Bridge to Annapolis Rd | < 28" Δ | 4 | 4 | 4 | |
| | | Upper Chesapeake Bay and Tributaries | < 28" ◇ ✘ | 7 | 6 | 4 |
| | | | < 28" Δ | 3 | 3 | 2 |
| | | | > 28" ◇ ✘ | 7 | 6 | 4 |
| > 28" Δ | 1 | 1 | 1 every other month | | | |
| Sunfish (including Bluegill) | Lake Roland | Δ | No Limit | No Limit | 8 | |
| | Liberty Reservoir | * | No Limit | No Limit | No Limit | |
| | Loch Raven Reservoir | * | No Limit | No Limit | No Limit | |
| | Patapsco River/Baltimore Harbor | Δ | 6 | 5 | 3 | |
| | Patapsco River: North of Ellicott City | ◇ | 3 | 2 | 1 | |
| | Patapsco: Non-Tidal Gwynns Falls | ◇ | 2 | 2 | 1 | |
| | Patapsco River: S. Hanover Bridge to Annapolis Rd | Δ | 4 | 4 | 3 | |
| | | Δ | 4 | 4 | 3 | |
| | Prettyboy Reservoir | * | No Limit | No Limit | No Limit | |
| | Stansbury Pond | Δ | No Limit | No Limit | 5 | |
| Mid Bay: Middle to Patapsco | Δ ◇ | 6 | 5 | 4 ◇ | | |
| White Catfish | Patapsco River/Baltimore Harbor | Δ | Avoid | Avoid | Avoid | |
| White Perch | Back River | Δ | 2 | 1 | 1 | |
| | Bird River | Δ | 2 | 2 | 1 | |
| | Liberty Reservoir | * | 3 | 2 | 1 | |
| | Mid Bay: Middle to Patapsco | Δ | 5 | 4 | 2 | |
| | Middle River | Δ | 1 every other month | 1 every other month | Avoid | |
| | Patapsco River/Baltimore Harbor | Δ | 1 | 1 | 1 | |
| | Patapsco River: S. Hanover Bridge to Annapolis Rd | ◇ | 4 | 4 | 2 | |
| White Sucker | Jones Falls | ◇ | 3 | 3 | 2 | |
| Yellow Bullhead | Liberty Reservoir | * | 7 | 6 | 3 | |
| Yellow Perch | Liberty Reservoir | * | No Limit | No Limit | 8 | |
| | Loch Raven Reservoir | * | No Limit | No Limit | 6 | |
| | Middle River | Δ | Avoid | Avoid | Avoid | |
| | Patapsco River: S. Hanover Bridge to Annapolis Rd | Δ | 4 | 4 | 3 | |