

Tips for a Green THANKSGIVING

Thanksgiving is quickly approaching and host and hostesses are starting to make guest and grocery lists, clip coupons, and find new recipes to wow their guests. This year why not really impress your family and friends by making the holiday more environmentally-friendly?

SHOP LOCALLY

Try your local meat and farmer's markets for pastureraised turkeys, vegetables, and uniquely prepared side dishes and desserts. Local shops often stock a high percentage of local sourced foods, including fruits and veggies, which do not require long carbon-emission car and bus journeys and help reduce our global footprint.





USE CANDLES

For an inexpensive, yet dramatic impression at your gathering use unscented candles to create a festive mood at your tabletop, mantel, or kitchen counter. Save some energy and money, while creating ambiance.

DECORATE WITH NATURE

Skip the store-bought paper and plastic decorations and get inspired by the season. Use pumpkins, squash, Native American corn, pine cones, tree branches, green apples, and other natural items to make beautiful accents and centerpieces at your table and around your home.





LEAVE THEM LEFTOVERS

Cut down on food waste by encouraging your guests to bring reusable carry home containers to help cut down on leftovers that would be thrown away.

CAN THE GREASE

Not only is grease bad for your health, it's terrible for your plumbing. Fats, oil and grease washed down your kitchen sink end up sticking to the walls of your plumbing. Over time, buildup in pipes can lead to sewage spills in your home or in nearby rivers and streams. To keep your pipes clean and avoid a holiday disaster, never put meats, vegetables, cooking oil, dairy products, marinades or dressings down the garbage disposal.



RECYCLE YOUR TURKEY CARCASS

Your turkey carcass and a gallon of water provide the perfect ingredients for a hearty soup stock. Toss in your carrot tops, celery leaves, and other leftover veggies for added flavor.

START COMPOSTING

Your discarded veggie and fruit scraps provide the perfect ingredients for that long-awaited compost pile. If you put a pile of carbon-rich fall leaves, dead flowers from your garden, and your nitrogen-rich green kitchen scraps in a cardboard box in the back yard, they will decompose.

