

Recommended Maximum Allowable Yearly Fish Consumption From Select Maryland Waters

Consumption based on 8 oz (0.227 kg) meal size, or the edible portion of 9 crabs (4 crabs for children)
(8 oz - General Population; 6 oz - Women; 3 oz - Children)

NOTE: Consumption recommendations based on spacing of meals to avoid elevated exposure levels

Species	Waterbody	Allowable Meals/Year			Contaminants
		General Population	Women*	Children**	
		8 oz meal	6 oz meal	3 oz meal	
 <p style="text-align: center;">Channel Catfish</p>	Back River	6	5	4	PCBs - risk driver Pesticides***
	Bohemia River	12	9	7	
	Bush River	14	11	8	
	Chester River	30	22	18	
	Choptank River	52	40	31	
	Elk River (incl. C&D Canal)	7	5	4	
	Gunpowder River	15	12	9	
	Middle River	4	AVOID	AVOID	
	Nanticoke River	90	68	53	
	Northeast River	18	14	11	
	Patapsco River	AVOID	AVOID	AVOID	
	Patuxent River	34	26	20	
	Pocomoke River	97	73	57	
	Lower Potomac River (DC Line to MD 301 Bridge)	> 18" - AVOID	AVOID	AVOID	
	Sassafras River	9	7	5	
	Susquehanna River	10	8	6	
 <p style="text-align: center;">White Perch</p>	Back River	22	17	13	PCBs - risk driver Pesticides***
	Bohemia River	17	13	10	
	Bush River	14	11	8	
	Chesapeake Bay:				
	off Hart Miller Island	13	10	7	
	off Fair Lee Creek	18	14	11	
	off Sandy Point	31	23	18	
	off Fairhaven	31	23	18	
	Chester River	46	35	27	
	Choptank River	No Advisory	No Advisory	92	
	Elk River (including C&D Canal)	10	7	6	
	Gunpowder River	24	18	14	
	Middle River	15	11	9	
	Nanticoke River	No Advisory	No Advisory	No Advisory	
	Northeast River	15	11	9	
	Patapsco River	5	AVOID	AVOID	
	Patuxent River	84	64	50	
	Pocomoke River	No Advisory	No Advisory	81	
	Potomac River	52	39	31	
	Sassafras River	24	18	14	
Severn River	33	25	19		
South River	37	28	22		
Wye River	No Advisory	No Advisory	No Advisory		
Liberty Reservoir	86	70	42		
Magothy River	23	17	14		
 <p style="text-align: center;">Striped Bass</p>	Chesapeake Bay and Tributaries	USE SEASONAL INFORMATION			PCBs - risk driver Methylmercury
	< 28" May 16 - December 15	24	12	12	
	> 28" April 15 - May 15	12	10	8	
 <p style="text-align: center;">Blue Crab</p>	Patapsco River	96	96	24	PCBs - risk driver
	(1 meal equals 9 crabs) (4 crabs for children)	DO NOT CONSUME "MUSTARD"			

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		8 oz meal	6 oz meal	3 oz meal	
 American eel	Bush River	47	36	28	PCBs - risk driver Pesticides***
	Back River	7	5	4	
	Lower Potomac River (DC Line to MD 301 Bridge)	19	14	11	
	Northeast River	22	17	13	
	Middle River	12	9	7	
	Patapsco River	AVOID	AVOID	AVOID	
	Patuxent River	26	20	15	
	South River	37	28	22	
 White Catfish	Patapsco River	AVOID	AVOID	AVOID	PCBs - risk driver Pesticides***
	Lower Potomac River (DC Line to MD 301 Bridge)	< 18" 24	12	AVOID	
	> 18" AVOID	AVOID	AVOID		
 Brown Bullhead	Back River	33	25	20	PCBs - risk driver Pesticides***
	Baltimore Harbor	14	10	8	
	Middle River	39	30	23	
	Northeast River	27	21	16	
 Black Crappie	Lake Roland	12	12	12	PCBs - risk driver Pesticides***
	Liberty Reservoir	96	48	48	
 Spot	South River	50	38	30	PCBs - risk driver Pesticides***
 Common Carp	Back River	AVOID	AVOID	AVOID	PCBs - risk driver Pesticides***
	Advisory for carp should also apply to Elk River, C&D Canal, Bohemia River, Bush, Potomac, Gunpowder, Patapsco, and Northeast since elevated levels in these species may be anticipated.				

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 Small and Largemouth Bass	Statewide: all publicly accessible impoundments	48	48	24	Methylmercury - risk driver
	Lake Lariat, Frostburg, and Savage Reservoirs; Potomac River @ Spring Gap	12	12	AVOID	Methylmercury - risk driver
	All Rivers and Streams	No Advisory	96	96	Methylmercury - risk driver
	Lake Roland	24	24	24	PCBs - risk driver Pesticides***
	Advisory for lakes and impoundments above also apply to pickerel, northern pike, and walleye				
 Bluegill	Statewide: all publicly accessible lakes and impoundments	96	96	96	Methylmercury - risk driver
	All Rivers and Streams	No Advisory	No Advisory	No Advisory	
 Yellow Perch	Frostburg Reservoir and Deep Creek Lake	48	48	24	Methylmercury - risk driver
	Susquehanna River (mainstream)	30	23	18	PCBs - risk driver
	Gunpowder River	29	22	17	PCBs - risk driver
	Bush River	81	61	48	PCBs - risk driver

* **Women of childbearing age who are pregnant or may become pregnant, or are nursing**

** **Children include all young children to age 6**

*** Pesticides - consist of banned organochlorine pesticide compounds; include chlordane, DDT, dieldrin, or heptachlor epoxide