



Maryland  
Green Registry  
MEMBER

The Maryland Green Registry promotes and recognizes sustainable practices at organizations of all types and sizes. Members agree to share at least five environmental practices and one measurable result while striving to continually improve their environmental performance.

## Proy Law Firm

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Law Firm

Member since November 2011

### Management and Leadership

**Environmental Policy Statement**

*The Proy Law Firm is committed to reducing its impact on the environment and preserving our precious natural resources. Natural resources are just that, resources. We are committed to complying with all environmental regulations, preventing pollution whenever possible, communicating our environmental commitments and efforts to others and continually improving our green initiatives.*

**Environmental Team**

*Nicholas B. Proy, the owner of the Proy Law Firm, implements green measures whenever he sees an opportunity to do so. This lack of "red tape" and bureaucracy allows the Proy Law Firm to keep up with cutting-edge green technologies and implement them in a timely manner.*

### Waste

**Solid Waste Reduction and Reuse**

*The Proy Law Firm has implemented a policy mandating double-sided printing on all internal documents and drafts. This alone helps reduce our internal paper usage by 50%.*

*Further, we refill our toner cartridges, which helps reduce our impact on landfills. We have been able to refill a single cartridge up to five times without*

*any degradation in print quality. This equates to a 500% increase in the utility of a single toner cartridge and added cost savings.*

## Energy

### **Energy Efficiency**

*The Proy Law Firm only uses compact fluorescent lamp (CFL) bulbs. For each light fixture, the Proy Law Firm can reduce energy consumption by up to 70W just by using CFLs. Each light that is on for eight hours translates to roughly 560W in saved energy per day. Over the course of just one year, each light fixture using a CFL has the ability to save up to 145,600W. There is also an added bonus of reducing cooling costs in the summer because CFLs generate less heat than incandescent light bulbs, thereby saving even more energy by requiring less air conditioning use.*

*The Proy Law Firm has also taken the extra step and replaced every computer hard drive in the firm with a “green” hard drive that uses less energy. The Western Digital Green hard drives used by the Proy Law Firm are rated at 5.30W per read/write cycle, while most hard drives require roughly 10W per read/write cycle. This means that our computers use less energy while operating than comparable computers. This is a great example of an innovative way the Proy Law Firm can implement green measures without any “red tape” getting in the way.*

## Transportation

### **Efficient Business Travel**

*The Proy Law Firm uses teleconferencing and e-mail whenever possible to avoid unnecessary client or attorney travel. Clients appreciate these uses of technology and it allows us to be more “accessible” to clients.*

**Profile Updated February 2015**



*Help build a greener, more sustainable Maryland through voluntary practices that reduce environmental impacts and save money.*

*Learn more at [www.green.maryland.gov/registry](http://www.green.maryland.gov/registry)*

